

Get Muddy Monday

To kick off W.R Myers mental health week 2022, join the Headstrong team outside of student services, get your hands muddy and plant some plants!

May 2nd

**PLANTS PROVIDED BY
GREENHAVEN GARDEN
CENTRE!!**



TINKER TUESDAY

MAY 3

Get creative during Mental health week! Join the WR.Myers Headstrong Team outside of student services to create galaxy jars and stress balls!! Don't you dare miss it!



Movie Night Wednesday!

Enjoy a free movie
and snacks in the
gym after school
courtesy of the
Myers Headstrong
Team!!!



May 4th





FURRY FRIEND THURSDAY!!!



May 5th



**Have the chance to
spend 10 minutes with a
cute therapy dog in the
conference room by the
library!**

**Sign up sheet is in front
of student services by
the band room!**

**Sign up quick! Limited
slots available!**

- Footloose Friday -

May 6th

Dance your way to the weekend by coming down to the library at Flex for a just dance party! Remember to invite friends and get everyone involved!

